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SPRING 2008 • VOLUME 64



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School Nutrition: Growing Healthy Children

SNA - NC 2007 - 08

Mission Statement: SNA-NC advocates for student success by leading the school nutrition profession.

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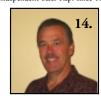
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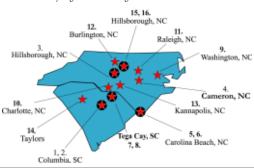
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### Editor's Welcome

Spring has come to North Carolina. The bees are buzzing the flowers are blooming. This is a clear sign that school will be ending soon. Before we can go, we have to look at what kind of job we have done towards growing "our healthy students." With each issue of this school year's ARROW, I have talked with you about our special harvest. How did yours turn out? I know the answer to that question without asking, because I know you. Child nutrition employees always spend the extra time and care to make sure they produce nothing but the best.

Did you see that your crops were looking a little brighter now that we are following our new guidelines on how to feed our students? I bet you did! Just imagine what results we will be seeing in just a few short years. It will be great when North Carolina is known for having the healthiest students in the country. I can't wait to see that headline on the front page of the Charlotte Observer.

As you start to wind down from taking care of our students, I hope you will still take the time to enjoy many of the activities that are yet to come. Please read every page of this issue. I would hate to miss seeing you at any of our wonderful activities.

SNA of North Carolina is planning for our annual Legislative Day. Please make sure that you read Cindy Marion's article in this issue of the ARROW. We really need all of your support in Raleigh and at home. If you can't be in Raleigh, please ask your local chapter president what you can do to help. It's an election year and you can really make a difference for the students of North Carolina.

The other activity that you need to be working on this spring is planning your trip to our annual state convention. Read this issue of the ARROW carefully. There are many deadlines that I know you don't want to miss.

The deadline not to miss is May 1, 2008, when the Lunch Bell Award is due. The award is given to our friends in the media that have helped us spread the word of all the wonderful things that we have achieved in our child nutrition programs this year. You can find all the details on how to enter in the Chapter Leadership Manual. It is a great way to say "thank you" to the all the TV stations and newspapers that support us.

Keep the cards and e-mails coming; I love hearing about the great things you are doing in your schools and SNA chapters



### **Dates to Remember**

### Deadlines

Mary Long Beasley Award nominations to Dawn Roth by April 30, 2008

SNA-NC Scholarships to Lorie Reece by April 30, 2008 Chapter of the Year to Lois Hood by May 1, 2008 Lunch Bell Award to Denise Lamar by May 1, 2008 Partner in Education Award to Jill Hively by May 1, 2008 Entries in Culinary Arts / Creative Arts to Jama Stallings by May 15, 2008

Early Bird Registration for Conference to Dawn Roth by May 17, 2008

Annual Conference Week Activities in Greensboro

Executive Board Meeting – Monday, June 16, 2008 New Horizons Golf Tournament – Monday, June 16, 2008 Chapter Leadership Seminar – Tuesday, June 17, 2008 Culinary Arts / Creative Arts – Tuesday, June 17, 2008 New Horizons Trade Show – Wednesday, June 18, 2008 **Annual Conference** – Wednesday, June 18 – Friday, June 20, 2008

**Executive Board Meeting** – Friday, June 20, 2008

SNA of NC Meetings

**Committee Day** 

Greensboro, NC -- May 2, 2008

NC Legislative Action Conference

Raleigh, NC - May 19-20, 2008

SNA Meetings

National Leadership Conference

Colorado Springs, CO - April 24-26, 2008

**SNA Annual Conference** 

Philadelphia, PA - July 20-23, 2008

### A Message from the President

### Kathy Buelin



Write this I am planning the Mid-Year Chapter Leadership Meeting (which of course has come and gone when this issue of the ARROW is printed). The last two weeks were very busy. I attended the Industry Seminar in Monterey, California two weeks ago. How beautiful that was! At that meeting, I participated in the National School Nutrition Food and Beverage Summit. We had many ideas about what should be appropriate for all students in the United States, including definitions of what constituted a whole grain bread, amount of sugar added to a product (whether by weight added amounts versus natural sugars in foods). I think everyone left almost as confused as when we started. Much will be discussed before the 2009 Reauthorization of Child Nutrition.

the District IV Meeting. Twelve participants came to the class. I look forward to the next five District Meetings (and I know that I will teach Healthy Edge at most of them). I will also be teaching a class in my county, inviting those school systems that border Lincoln County. We had a wonderful District Meeting in Fayetteville. (Of course there were rumors of snow in Fayetteville while I was there.)

One of my favorite conferences (and one that I have attended every year for about seven years) is the Legislative Action Conference. I've told many of you that the first time I had an appointment with a member of Congress, he said, "Now let's see, your cafeteria ladies" (sorry guys, there is a big piece of mistaken information) "they are volunteers, right?" Well, I knew I was exactly where I needed to be. As Director of Child Nutrition in my county, and now as your President, I feel it is my duty to inform everyone I meet about how our programs work. So I will be going to Washington next month to talk about the needs of our programs. I hope many of you will be there, as well.

Remember to call me if you need me. I look forward to seeing you all at your District Meetings, and I can't wait to see you at the State Conference. You will not want to miss a single minute of the Conference. Our speaker for the Closing Session is a favorite of mine. I hope you enjoy the Conference—it's hard to believe we are already making final plans for that. See you soon, and God Bless.

Hothy Buelin

President, SNA-NC

## Candidates for 2 0 0 8



### Vice President Lois Hood

Child Nutrition Director Montgomery County Schools

My name is Lois Hood and I am running for Vice President. I have worked in the food service industry for

18 years. I have been a member of SNA-NC since 1991. I served as the District IV Director from 1998-2000. I have served on the Nominating Committee and Nutrition Committee. I have also served as the Nutrition Committee Chair and am presently serving as the Member Services Chair. I have served on the Steering Committee in different capacities through the years. I am committed to our association and have worked hard to recruit new members. I will continue to promote the importance of membership in SNA-NC and the professional growth it provides to our members.



### Treasurer Juanita Starling

Child Nutrition Supervisor Scotland County Schools

My name is Juanita Starling and I'm running for Treasurer. I have been with Scotland County Child Nutrition for the

past 14 years. I began my career with Child Nutrition as a Cafeteria Manager, a position that I thoroughly enjoyed. In 2000, I advanced to the position of Secretary / Bookkeeper. In 2004, I was promoted to Supervisor. The opportunities to advance in my career have been very rewarding both

### 2009

professionally and educationally. The professional growth that I have experienced can be directly attributed to the proficient organization that I work for.

I have been an active member in the local association, having served one term as Chapter Vice President and one term as Chapter President.

I have served on the NAC Committee, on the Steering Committee for the Fall Director's and Supervisor's Conference, I have also assisted with both judging and setting up Culinary Arts. And I am currently serving on the Nutrition Advisory Committee. I am currently enrolled at Richmond Community College where I will receive my Associate in Applied Science Degree in Accounting. Our association is significant to me and I anticipate being able to serve you as Treasurer.

## District II Director Pam Smith

Child Nutrition Director Lenoir County Schools

My name is Pam Smith and I am running for District II Director. I began my Child Nutrition career as the Bookkeeper



for Lenoir County Schools in 1990. I became the Director for Jones County in 1996 and I have been Director in Lenoir County since 2005. I have been a member of the School Nutrition Association for 18 years. During that time I have served as chapter advisor for both Jones and Lenoir Counties. I have served on the Legislative Committee and am currently serving on the Industry Advisory Committee. I am currently a member of the NCDA Advisory Council and the Fall Conference Steering Committee. Locally, I serve on the School Health Advisory Committee, and the Greene Lamp Health/Disabilities Advisory Board. I am married and have a thirteen year old adorable son. Our family enjoys the outdoors and camping.

I would be honored to serve as District II Director. I will serve the district and the association to the best of my ability. My goal is for all children to receive free meals as part of their school day. We need to work together for this goal. Together we can make things happen for children.



### District IV Director Melissa Cade

Child Nutrition Manager Public Schools of Robeson County

My name is Melissa Cade and I am running

for the District IV Director. I started working for the Public Schools of Robeson County in 1996, as a cafeteria worker at Magnolia School, where I worked for three years. I was promoted to manager at St. Pauls Elementary School in 1999. I graduated from college in 2000, with an Associate Degree of Applied Science in Culinary Technology. I joined the association in 1997, because I wanted to be the best that I could be at my job. I became certified at Level 3 after graduating from college. I have served on the Bylaws Committee for eight years and am currently on it. I have attended Legislative and Leadership Conferences during these years. I have served as president and secretary of my local association. I am looking forward to the work ahead if elected the District IV Director.



### District VI Director Donna Bryant

Child Nutrition Manager Cabarrus County Schools

My name is Donna

Bryant and I'm running for District VI Director. I began my career almost 11 years ago as a "fruit lady". The

next year I became a baker and two years later became a manager. Each day in Child Nutrition brings new challenges and a "sense of pride". I was born and raised here in Concord and actually graduated from the school that I now work. I've been married for 35 years; have three children and three grandsons - all of which have attended Cabarrus County Schools.

I've been an active member of the association holding the offices of treasurer and twice as president on the local level and have served on the state Member Services Committee for the past two years. I was the recipient of the Louise Sublette Award in 2006 and have attended many state and national conferences and state LACs. My goal as Director would be to do by best to represent each of you by trying to encourage membership and striving to increase awareness of the benefits of "our" SNA!!

### District VIII Director Margaret Ponder

Child Nutrition Manager Asheville City Schools

My name is Margaret Ponder and I'm running for District VIII Director. I began my Child Nutrition career in the



Wake County Schools in 1999. Since that time I have had the pleasure of working in the Madison County School System and at present I am with Asheville City Schools. I joined the association immediately upon beginning my career with Child Nutrition. I became certified as I felt this was a great opportunity to continue my education. I have served as Chapter President, Membership Committee Chair and on the Legislative Committee.

I look forward to our State Convention each year for the educational opportunities it provides to each of us and as a time of renewing old friendships. If elected as District VIII Director, I will support each member of the district to the best of my ability. Thank you to each of you for all that you contribute to the association.

## Affiliated Chapters and Chapter Presidents for 2007 to 2008

The following is a list of chapters and their Presidents that have re-affiliated since the last ARROW.

### **District I**

Dare - Kelleta Govan

#### **District II**

Missing: Pamlico, Clinton City

#### **District IV**

Hoke – Gayle Ellis Montgomery - Cheryl Hurley Missing: Harnett

#### District V

Alamance – Faye Webster Guilford – Richard Varnes Missing: Davidson-Lexington-Thomasville

### **District VI**

Missing: Union

### **District VII**

Alexander – Tina Pope Catawba-Hickory-Newton-Conover – Denise Buff

#### **District VIII**

Missing: Buncombe, Madison, McDowell

### Is your chapter missing?

Re-affiliation forms are available at www.schoolnutrition-nc.org

Send your re-affiliation form to: Dawn Roth 9826 Sandman Lane Charlotte, NC 28216







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## The Results ARE IN!



## So here's a second chance

### Recipe for success

### What to do:

- 1. Log on to www.jtmfoodgroup.com/schools.
- 2. Check out the 10 winning recipes from the JTM Recipe for Renovation contest.
- 3. Menu any of the winning JTM recipes as many times as you want between January 7, 2008 through May 15th, 2009.
- 4. Send us your current menu with one (or more!) of the winning recipes on it.
- 5. Get **entered to win** <u>each time</u> you menu one of the recipes!

### What you can WIN!

- An Accutemp steamer (a \$5,600 value!).\*
- One of 5 sets of "Recipe for Renovation" aprons.\*





<sup>\*</sup> A total of five steamers and twenty sets of aprons will be given away through the duration of the contest.



## SNA-NC Executive Board Meeting February 8, 2008 - Greensboro, NC

The Executive Board Meeting was called to order at 10:10 a.m. by Kathy Buelin, President. She read the Mission Statement and Vision for our Association.

The thought for the day was given by Beth Palien, Presidentelect. The message was "Learn, unlearn and relearn."

As of this Board meeting, there have not been any Louise Sublette letters of intent submitted.

The agenda was approved; Libby Post, Treasurer gave motion to approve and it was seconded by Cindy Marion, PP&L Chair.

Roll Call was completed by Jama Stallings, Secretary.

The minutes from the September 21, 2007 board meeting were approved; Deborah Carpenter, Vice President gave motion to approve and it was seconded by Libby Post.

Libby Post gave an update on the budget. The budget balances at \$419,079.74. Motion to approve the budget was given by Cindy Marion and it was seconded by Beth Palien.

Lauren Rapp was approved for the Nutrition Committee. Motion to approve was given by Deborah Carpenter and it was seconded by Abbie Hopkins, District 1 Director.

Deborah Carpenter gave an update on the June 2008 Conference.

Cindy Marion gave a Legislative update. This year SNA-NC will ask Legislators for \$20 million to support the Nutrition Standards.

The NC Alliance for Health has adopted our issue of \$20 million in funding as one of their two issues. This will be a great marketing piece for us; the Alliance has hired a new person that is in charge of Marketing.

Gary Gay, Tommy Fleetwood, Cindy Marion and a farmer

met with the USDA in January. The group expressed their concerns that we are not happy with DOD. It is expected that it will be several years before anything happens with the DOD situation.

The PP&L Committee is working hard to plan our State LAC scheduled for May 19-20, 2008.

Fourteen people are scheduled to attend the National LAC.

Kathy Buelin gave us an update on the National Standards. New National Standards are very close to our NC standards. National Standards will not happen with the 2009 Reauthorization.

Oral reports were given by all Board Members.

Deborah Carpenter presented the group with Bylaw changes. SNA-NC added the School District Owned Membership to its Bylaws to match national Bylaws. The School District Owned Membership should be ready this fall.

We talked about the guidelines for Board candidates. It was decided to update the Bylaws with the following change: "All candidates are eligible for re-election to a state office previously held but not in consecutive terms and may not exceed 2 terms." This was approved and motion was made to accept by Beth Palien. It was seconded by Libby Post.

Jama Stallings presented a change to Culinary/Creative Arts. Directors, Supervisors and DPI members will now be allowed to be judges for Culinary/Creative Arts.

Dawn Ferguson Roth, Executive Director presented the Board with a slate of candidates for the 2008 Election. Deborah Carpenter made motion to approve and it was seconded by Beth Palien.

There was discussion about Committee members. It was decided that preference would be given to certified members and

all Committee Chairs must be certified. Motion to approve was made by Cindy Marion and it was seconded by Abbie Hopkins.

Dawn Ferguson Roth gave us an update on the Arrow and Directory. Members should have the directory prior to conference this year.

Gary Gay, Director of Food Distribution gave an update on the ACDA Conference. Gary and several staff members will be attending. SNA-NC plans to send Cynthia Sevier or Deborah Carpenter to this conference.

Kathy Buelin gave an update on the National Industry Conference.

State Industry Conference 2009 is in the planning stages. It will be held at the Grove Park Inn January 25-28, 2009.

The 2007-2008 SNA-NC Calendar has been revised with District Meeting dates.

Discussion was made about the need for SNA-NC to have the capability of sending emails out to large groups of people. Beth Palien will talk to a technology person about the possibility of getting a server to handle this.

With no further discussion the meeting was adjourned at 2:05 p.m.

Minutes respectfully submitted by: Jama G. Stallings, SNS, SNA-NC Secretary

## SNA-NC Executive Board Meeting *November 16, 2007 - Greensboro, NC*

A special called Board Meeting was called to order at 2:15 by Kathy Buelin, President.

Topics were Committee Member approvals and NC Alliance for Health.

Ten new Committee Members were approved by a motion from Deborah Carpenter, Vice President, and a second by Cindy Marion, PP&L Chair. The vote was unanimous.

Kathy Buelin asked the group for SNA-NC to fund membership of \$650 for NC Alliance for Health. The fee is based on the budget of an association. Cindy Marion will serve on this committee with Kathy Buelin. The Alliance represents a huge group of people and is a great support system. This group has meet challenges such as working in legislation to stop smoking on school campuses.

A motion to support funding membership was made by Beth Palien, President-elect, and seconded by Deborah Carpenter. Questions were then entertained. Dues would need to be paid in January 2008.

SNA-NC should benefit greatly with this partnership. Last year, the alliance sent numerous emails on behalf of SNA-NC in support of our funding.

The vote was unanimous to join the Alliance.

Cindy Marion, PP&L Chair announced that Robert Guyer will be a speaker at National LAC. SNA-NC can send several people to his session instead of sending two people to lobbying school. This is the plan. If anyone on Executive Board is interested in going, notify Cindy Marion.

Discussion was made about how long a committee member should have to get certified after joining a committee. This matter was tabled until a regularly scheduled Board Meeting.

With no further discussion, this meeting was adjourned at 2:35 p.m.

Minutes Respectively Submitted by: Jama G. Stallings, SNS, SNA-NC Secretary

# School Nutrition Association of North Carolina 2008 Annual Conference CALENDAR OF EVENTS

### Monday, June16, 2008

Pre-conference Workshop: **New and Potential Managers Training** 

Sponsored by: NC DPI Child Nutrition Services

Time: 9:45 am – 5:00 pm Maximum 80 people

Pre-conference Workshop: **CRE/SMI Training** Sponsored by: NC DPI Child Nutrition Services

Time: 12:30 pm – 5:00 pm Maximum 50 people

**New Horizons Golf Tournament** 

Grandover Resort 1:15 pm Shotgun Start

**Executive Board Reception Grandover Resort with Industry Members** 

6:00 pm - 7:30 pm

**Executive Board Meeting** 

Koury Convention Center - 8:00 pm -10:00 pm

### Tuesday, June 17, 2008



**Registration Open** 8:30 am - 5:00 pm

Pre-conference Workshop: New and Potential Manager Training (con't)

Time: 8:30 am - 3:30 pm

Pre-conference Workshop: CRE/SMI Training (con't)

Time: 8:30 am-5:30 pm

Pre-conference Workshop: Smart Options-Train the Trainer

Sponsored by: NC DPI Child Nutrition Services

Time: 8:00 am – 12:30 pm

Maximum 50 CN Directors and Supervisors

Chapter Leadership Seminar: Beth Palien, President-Elect

(Working Lunch provided)

10:00 am-2:00 pm

NCDA Advisory Council Meeting Time: 2:00-3:00 pm

**Culinary Arts/Creative Arts** 

2:00 pm - 4:00 pm Registration and Set up

4:30 pm – 7:30 pm Judging

6:00 pm - 8:00 pm President's Reception for Culinary &

Creative Arts Participants 9:00 pm – 11:00 pm Viewing

FREE EVENING

### Wednesday, June 18, 2008

Registration Open 8:00 am -5:00 pm

Wellness Walk for Hunger 7:00 am - 8:00 am

Sponsored by Schwan's Food Service, Inc.

SNA-NC "The Plantry" Store 9:00 am - 4:00 pm

Local SNA Chapter Stores 9:00 am - 4:00 pm

Silent Auction Receiving 8am - Noon

Viewing 1 pm-4 pm

Voting 1:00 pm - 4:00 pm



### **Culinary Arts/Creative Arts**

Viewing 7:00 am – 9:00 am Dismantle 9:00 am -9:30 am

**Special Session for First Timers** 

9:00 am -10:30 am

**New Horizons Trade Show** 

8:30 am - 12:00 pm Buyers

Morning for **Directors and** 

Supervisors

11:00 am - 12:00 pm **Managers** Admitted to Buyers Morning 12:00 pm - 3:00 pm Trade Show Open to **All** 

### **House of Delegates**

Registration 1:00 pm -1:30 pm Session 1:30 pm -3:30 pm

#### **First General Session**

4:00 pm -6:00 pm Introduction of Candidates Awards Keynote Speaker: **Sally Baskey** "Smile, Laugh, Think"

SNA-NC Karaoke and Entertainment Mistress of Ceremony – Guest Celebrity Master DJ - Keith Henderson w/Digital Sounds 8:30 pm - 10:00 pm

### Thursday, June 19, 2008

**Registration Open** 7:30 am – 4:30 pm **Voting** 7:30 am – 8:30 am and 12:30 pm -2:30 pm **Silent Auction** 10:00 am – 4:30 pm **SNA-NC "The Plantry" Store** 10:00 am – 5:00 pm **Local SNA Stores** 10:00 am – 5:00 pm

### **Second General Session**

8:00 am - 10:00 am

NCDPI Update: Dr. Lynn Hoggard



NCDA Update:
Gary Gay
Legislative Update:
Cindy Marion
NAC Awards: Judy
Wrenn
Keynote Speaker:
Hello my name is
"Scott"

### "That Guy with the Nametag"

#### **Educational Sessions**

Session 1 10:30 am - 11:30 am Session 2 11:45 am - 12:45 pm Session 3 2:30 pm - 3:30 pm

#### President's Luncheon

1:00 pm - 2:00 pm

Marilyn Moody, 2007 SNA-NC President

### "A Garden Party" Banquet

7:00 pm - 9:00pm

Scholarship Winners, Partner in Education Awards, Lunch
Bell Awards, Heart of the Program Winners, Chapter
of the Year, Director of the Year, Louise Sublette
Award, Mary Long Beasley Award, NAC of the Year

**Installation of 2008 Officers** 

Entertainment – 9:00 pm – 11:00 pm "The Fantastic Shakers"

### Friday, June 22, 2007

Silent Auction Pick-Up 7:00 am - 8:00am

#### Third General Session

8:30 am - 10:30 am

**Chapter President Introductions** 

Keynote Speaker: Phillip Van Hooser

"Leading your People and Serving your Customers"

### **Executive Board Meeting**

11:00 am - 1:30 pm



### **Bragging Rights**

**SNA-NC Members Making a Difference** 

### Santa's Workshop

Patricia Hart, District III Director

Margaret Hearne Cafeteria, Wilson County Schools, was the host of Santa's Workshop, right before the Christmas holidays.

Cafeteria manager, Patricia Hart, and staff wanted to do something exciting for the students and staff to try to spread some Christmas cheer. They decided to transform the cafeteria into Santa's Workshop. The cafeteria was decorated with toys and snowflakes hanging from the ceiling, along with toys displayed on the serving lines.

Santa took time out of his busy schedule to visit with the students during lunch. He passed out candy canes as the students visited with him and shared their Christmas Wish Lists. Of course, he had to have his elves help him out. All the cafeteria staff were more than happy to assist Santa with this. Each staff member was dressed as one of Santa's elves. All the students at Hearne received a treat



from the cafeteria staff. The register was programmed to give out 39 instant prizes ranging from teddy bears and cars to even a pogo ball. When a student won a prize the cashiers rang a bell and the cafeteria staff sang "We Wish You a Merry Christmas". During breaks between classes the staff pranced around the cafeteria singing Christmas songs.

Cafeteria staff do not have the highest paying jobs, but we do have one of the most rewarding. It is so worth it, when you can see the eyes of a child light up with excitement.





### Another Look at NSLW Betty Locklear, CN Manager, Wagram PS

Wagram Primary School celebrated another wonderful NSLW. We had parents join us for lunch. There were many activities during the week that included an art contest, activity sheets and an election for the students' favorite foods. Biff Burger was the big winner this year. The cafeteria was decorated in red, white and blue and looked very patriotic. Each year we look forward to NSLW and NSBW.

## KARAOKE "2008 Talent Search"

### Wednesday, June 18, 2008 8:30 to 10:00 PM Mistress of Ceremony: A Surprise Celebrity

If you like to sing, dance and act, this is your opportunity to show your talent during our 2008 Annual State Conference! You can be in this year's "Karaoke Talent Search" singing solo, as a duet or even as a group performing your favorite hit. Our mistress of ceremony will be a surprise celebrity who will perform her greatest hit song. SNA-NC wants to hear your song and see your act. Let us see what you can do!

Register now for the Karaoke Talent Search with your song request and the specifics by sending an e-mail to Keith Henderson at digitalsounds@bellsouth.net. If you have your own Karaoke disk, you will still need to email Keith to register for this event.

We are looking forward to hearing the best songs ever at a state conference. Come one, come two, and come all to participate in the 2008 Annual State Conference Karaoke Talent Search. Hope you will be there!



### School Nutrition Association of North Carolina Scholarships

By: Lorie Reece, Education/Certification Chair

There are two \$500 scholarships available to child nutrition employees who are furthering their education. Information about the scholarship and application can be found in the SNA-NC Chapter Leadership Manual or on the SNA-NC Web site, www.schoolnutrition-nc.org. The application, current transcript, and three letters of recommendation are due by April 30, 2008. The scholarship winners will be announced at the 2008 SNA-NC Annual Conference in Greensboro, N.C.

For more information contact:

### Lorie Reece

Lincoln County Schools 2660 N. Hwy 321 Business Lincolnton, NC 28092

Phone: 704-736-1017 ext. 20127

E-mail: Ireece@lcsnc.org

### Mid-Year Chapter Leadership

SNA-NC held the Mid-Year Chapter Leadership Seminar on February 9, 2008, at the Sheraton Greensboro Hotel in Greensboro. There were 90 chapter leaders and future leaders in attendance. The guest speaker was Nancy Rice, SNS, from Jonesboro, Georgia. Nancy is the current SNA Nutrition Committee Chair and will be sworn in as the SNA Vice

President this July in Philadelphia at the SNA Annual National Conference. Nancy gave wonderful and informative presentations on "Leadership", "Effective Presentations" and "The ABCs of Working Together". Nancy kept everyone laughing and learning throughout the day.



Kathy Buelin, Nancy Rice and Beth Palien



Mid-Year Chapter Leadership Attendees





Attendees enjoyed a fun filled day of learning.

Kathy Buelin, Nancy Rice, Deborah Carpenter and Beth Palien



## Legislative Update

By: Cindy Marion, PP&L Chair

The Legislative Committee is preparing for the coming short session that will begin in May. We have consulted with our lobbyists in order to map out our plan and sharpen our message. In reviewing last year's session, we were able to identify areas that we felt needed to be strengthened and additional groups that needed to be targeted. During January, we met with Rep. Doug Yongue, Associate State Superintendent Philip Price and many of our partner agencies to begin the process of moving our issue this session. With the help of Rep. Yongue, we are scheduled to present our issue to the Education Oversight Committee of the General Assembly in March. This will be a great achievement for our organization and should be a major stepping stone toward our ultimate goal of funding the State Nutrition Standards K-12.

We have been able to gather data from school districts across our state. From this data, we continue to see a steady decline in the financial stability of child nutrition programs. This clearly indicates that we must be persistent about funding if our programs are to continue to exist. A realistic amount to begin to ease the crises in child nutrition is \$20 million. Our data from the initial Nutrition Standards Pilots is now 3 years old. Moving from our original request of \$14 million to \$20 million will help to offset the tremendous increase in food cost, salaries and benefits our programs have incurred over the past three years. Funding of the Nutrition Standards K-5 will not solve the financial problems of the child nutrition programs in North Carolina, but it will be the first step in the right direction and it will be a giant investment in our children.

It is certainly time to play all of our cards, my friends. Please make an effort to be at our LAC in Raleigh, May 19 to 20. Every LEA needs to be represented! If you can't make both days, please come on May 20 – that is the day we will be making our visit to the Legislature. Last year, we laid a solid foundation for this issue, now it the time to finish the job and get paid! Do not hesitate to contact your

folks at home and tell them that we need funding to put the Nutrition Standards K-5 in place. Let them know that child nutrition budgets are being strained to the limits. Tell them that food costs across this state have increased by 26 percent since 2003. The cost has exceeded \$48 million since 2005. Programs are being ask to pick-up more and more expenses and to limit more of their revenue sources. Tell the story!

On the national front, at the writing of this article the Farm Bill is still on hold. We have a great deal at stake with the Farm Bill in regard to fresh fruits and vegetables and their distribution. In January, the NCDA folks, farmers and I traveled to Washington to meet with USDA regarding the issues with DOD and the Farm Bill. We also met with five North Carolina congressmen, one congressional aide and the aides to Sens. Dole and Burr. We were encouraged by our folks in Washington, D.C. They are willing to help us resolve issues and support our state in getting fresh fruits and vegetables to our children.

Nutrition Standards is still the main topic of conversation with SNA and adequate funding for school meals programs. Other issues on the table include improvements in the meal pattern and an end to the "time and place" rule.

Complete 2008 state and national issue papers can be downloaded from our Web site, www.schoolnutrition-nc. org.

Remember: You make a difference, we are making history!

### **School Nutrition Association of NC** Profit & Loss Budget vs. Actual August 2006 through July 2007

	Aug '06 - Jul 07	Budget	\$ Over Budget	% of Budget
Income				
301 State Dues	30,794.77	34,000.00	-3,205.23	90
302 Sustaining Members	10,725.00	16,000.00	-5,275.00	67
306 Annual Meeting	124,288.85	145,000.00	-20,711.15	85
307 Trade Show	162,050.00	165,000.00	-2,950.00	98
308 Chapter Leadership	5,478.50	5,000.00	478.50	109
309 SNA-NC Legislative Day	13,965.00	8,000.00	5,965.00	174
310 Industry Seminar	82,016.00	97,000.00	-14,984.00	84
317 District 1	610.00	1,000.00	-390.00	61
318 District 2	724.00	1,000.00	-276.00	72
319 District 3	1,196.00	1,000.00	196.00	119
320 District 4	559.00	1,000.00	-441.00	55
321 District 5	864.00	1,000.00	-136.00	86
322 District 6	446.00	1,000.00	-554.00	44
323 District 7	957.00	1,000.00	-43.00	95
324 District 8	1,275.00	1,000.00	275.00	127
331 Ways & Means	478.74	2,500.00	-2,021.26	19
332 Miscellaneous	653.19	6,000.00	-5,346.81	10
333 Interest	14,974.77	5,000.00	9,974.77	299
334 Silent Auction	2,174.00	2,500.00	-326.00	87
335 NAC	1,375.00	4,000.00	-2,625.00	34
336 NC PAC	0.00	1,000.00	-1,000.00	0
Total Income	455,604.82	499,000.00	-43,395.18	91
Expense				
401 Arrow	35,356.23	32,000.00	3,356.23	110
402 Scholarships	1,000.00	1,000.00	0.00	100
403 Office Expenses	8,525.73	11,000.00	-2,474.27	77
404 Pins and Certificates	11,015.70	12,125.00	-1,109.30	90
405 Web Site	355.01	1,500.00	-1,144.99	23
411 President	2,777.09	2,000.00	777.09	138
412 President-Elect	199.82	1,000.00	-800.18	20
413 Vice President	0.00	500.00	-500.00	0
414 Secretary	0.00	200.00	-200.00	0
415 Treasurer	3,607.66	2,500.00	1,107.66	144
416 Executive Board Meeting	9,445.57	11,000.00	-1,554.43	85
417 Liability Insurance	750.00	800.00	-50.00	93
418 Executive Director	861.89	1,500.00	-638.11	57
421 SNA Legislative Conference	6,464.31	3,000.00	3,464.31	215
422 SNA Leadership Conference	4,007.55	4,000.00	7.55	100
423 SNA Industry Seminar	1,143.27	1,800.00	-656.73	63
424 SNA Annual Conference	6,707.85	4,800.00	1,907.85	139
431 SNA-NC Annual Conference	124,938.25	140,000.00	-15,061.75	89
432 Strategic Planning Day	2,840.04	5,000.00	-2,159.96	56
433 Committee Day	9,331.62	12,000.00	-2,668.38	77
434 Chapter Leadership	5,825.74	4,000.00	1,825.74	145
435 SNA-NC Legislative Conf	14,850.34	10,000.00	4,850.34	148
436 Trade Show	49,168.51	62,500.00	-13,331.49	78
437 SNA-NC Industry Seminar	46,440.48	62,500.00	-16,059.52	74

	Aug '06 - Jul 07	Budget	\$ Over Budget	% of Budget
439 State Fair	4,957.25	8,000.00	-3,042.75	62
441 Nutrition	1,911.39	2,500.00	-588.61	76
442 Education/Certification	0.87	200.00	-199.13	0
443 NAC	2,313.26	3,000.00	-686.74	77
444 Endowment	0.00	1,500.00	-1,500.00	0
445 Member Services	414.63	1,000.00	-585.37	41
446 Nominations	0.00	200.00	-200.00	0
447 Legislative	3,653.96	6,000.00	-2,346.04	60
448 Industry Advisory	3,266.89	3,500.00	-233.11	93
449 Resolution & By-Laws	0.00	50.00	-50.00	0
450 Marketing	702.53	2,000.00	-1,297.47	35
456 District 1	967.19	1,000.00	-32.81	96
457 District 2	1,099.79	1,000.00	99.79	110
458 District 3	1,068.30	1,000.00	68.30	106
459 District 4	682.07	1,000.00	-317.93	68
460 District 5	1,010.17	1,000.00	10.17	101
461 District 6	759.00	1,000.00	-241.00	75
462 District 7	935.89	1,000.00	-64.11	93
463 District 8	812.09	1,000.00	-187.91	81
471 Coalition Memberships	300.00	1,200.00	-900.00	25
476 Executive Director	55,115.00	55,125.00	-10.00	100
478 Lobbyist	15,350.00	11,500.00	3,850.00	133
479 Parlimentarian	1,786.00	1,500.00	286.00	119
485 Miscellaneous/Del - China	482.14			
486 Audit & Accounting	2,800.00	3,000.00	-200.00	93
487 Ways & Means Purchases	0.00	2,500.00	-2,500.00	0
488 Silent Auction	109.00	500.00	-391.00	21
491 NC PAC	0.00	1,000.00	-1,000.00	0
Total Expense	446,110.08	499,000.00	-52,889.92	89
Net Income	9,494.74	0.00	9,494.74	100



### Member Services Update

By: Lois Hood, Member Services Chair

Where has the time gone? This has been such an exciting and wonderful year serving as Member Services Chair along with a fantastic group of committee members to work along side. The Arrow has a great new look and I hope you are enjoying reading all the articles.

We have increased membership yet we have not met our goal as of yet. The 2008 Spring Membership Drive is March 1 through March 31. Our theme this year is "From the Kitchen of SNA Recipes for Membership Success" Please help in promoting our association by asking your co-workers to become members of their professional organization. Our goal for 2008 is 3106 we are currently at 3010 as of the end of December. Our association has tremendous benefits for the members. If each member would recruit just one new member we could double our membership. The saying you have heard "It takes a village to raise a child" is so true; it takes each one of us to keep our association growing and alive. Let each of us do our part to put North Carolina on top!

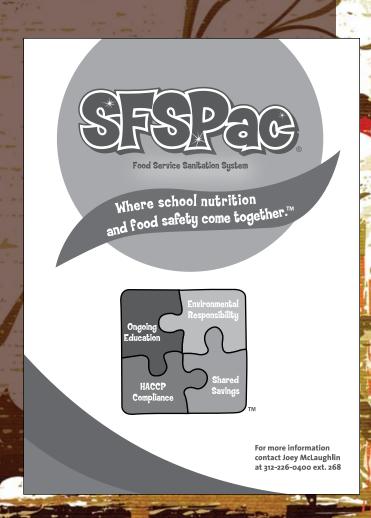
At our 2008 State Annual Conference in June we will honor the 100% Membership and the 100% Certified schools. Schools having a 100% Membership and 100% Certified Members will receive a postcard asking for a photograph of the school staff. Please mail your digital picture to me by May 1, 2008. Additional information on this will be sent to you at a later date. STAR CLUB members work hard to recruit and retain members. They help to make our association grow and stay strong. When you urge fellow co-workers to join, have them put your name on the application so you can become a STAR in the process; also on renewal applications have them to put your name if you encouraged them to renew their membership. We will recognize all STAR CLUB members during our Annual State Conference. Always remember, "Recipes for Membership Success" is to recruit, recruit, and recruit!

Chapter of the Year Award- It's that time of the year again! I know everyone has worked hard in their local chapters with activities surrounding our exciting state's theme: "Growing Healthy Children." For those of you who have been documenting your work it is time for you to consider entering the Chapter of the Year Award. You will find the criteria for entering in the 2007-08 Chapter Leadership Manual, pages 54-55. Your scrapbook entry must be received by May 1, 2008. Send your Chapter of the Year Scrapbook to:

Lois Hood Montgomery County Schools 441 Page Street Troy, NC 27371

The first place winner will receive a \$100.00 award, and the second place winner a \$50.00 award. The Member Services Committee is looking forward to seeing the hard work your chapter has been doing this year. I encourage all members to see the Chapter of the Year entries at our Annual State Conference. Let's support our winners and get some good ideas to take back to your chapter so you can enter next year.

Please feel free to contact me with any questions or concerns at (910)-576-6511 ext. 234 or e-mail me at Lois. Hood@montgomery.k12.nc.us. I hope to see all of you at conference in June.



## **Nutrition Advisory Council Update**

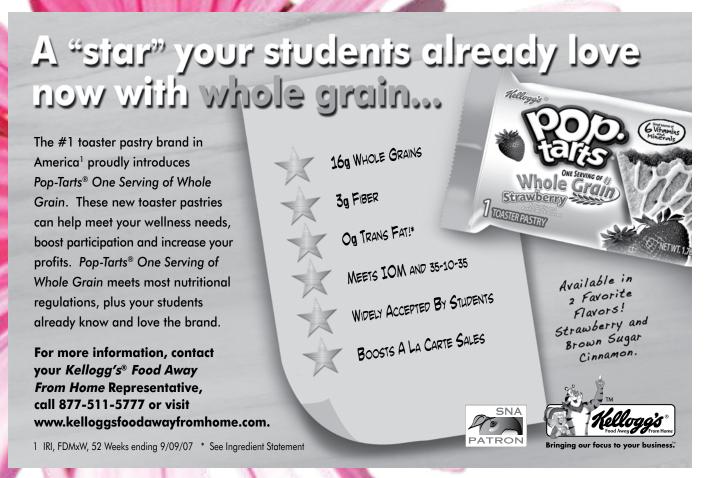
By: Judy Wrenn-NAC Chair

Get out those garden tools! We are ready to plant seeds of good nutrition to "Grow Healthy Students" by teaching them good nutrition at the June conference. Your Nutrition Advisory Council Committee is working hard to make sure that the Nutrition Advisory Council of the Year winners have a great time this year at the conference.

We look forward to welcoming the winners as they arrive. They will judge creative arts for the Pick of the Show Award and then present the award at the general session. They will attend a session on trade show etiquette on Tuesday evening. Then, on Wednesday morning, they will be escorted through the trade show and will have a chance to talk with the vendors to let them know what they like and what will be good for their school. We plan for them to attend the Wet N' Wild

Emerald Pointe Water Park again this year on Wednesday afternoon. The students will also be on hand at the NAC minisession on Thursday morning to share with all who attend how they worked with their school on improving nutrition. Be sure to attend and learn from these great students!

Be sure to visit the NAC booth at the trade show and see how we are "Growing Healthy Students." While you are there, you can join in our games and sign up for next year's NAC and get new information concerning the NAC. The new handbook will be on sale and the remainder of the 2007-2008 handbooks will go for \$3 each. Our goal is to have 100 NACs. Therefore, we need you to sign up to start a NAC in your school.



# Child Nutrition Industry Conference



### Welcome **New Members!**

The following joined our association in October, November and December, 2007 and January 2008. We welcome each new member.

District 1 - 17 New Members

1070 Beaufort Co SNA

Jessica Brooks Kim Carter Deloris Clemons Mary Freeman Linda Scott Linda Woolard

1210 Chowan Edenton SNA

Marion Collins

1270 Currituck Co SNA

Maria Del Acqua Rose Gregory Jason Musser Bonnie Rice Pamela Rose Theresa Willis 1700 Elizabeth City-Pasquotank SNA Lakeisha Cuffie Shenee Cuffie Darlene Golden Carolyn Penninger

**District 2 - 7 New Members** 

2400 Greene Co SNA

Crissy King

2650 New Hanover Co SNA

Dave Moley

2670 Onslow Co SNA

Virginia Hall

2710 Pender Co SNA

Betty Vollers

2820 Sampson Co SNA

Sandra Hopkins Betty Marshburn 2821 Clinton City SNA Annie Williams

District 3 -25 New Members

3390 Granville Co SNA

Daphne Evans Wendy Frazier Sarah Mangum Carol Williams

3510 Johnston Co SNA

Karmela Adkins Tammy Allen Adriane Begley Schricalyn Cline Erin Daley Nancy Lee Miggie Matthews Karen McKenny Ann Pilkington Alisa Reid

3920 Wake Co SNA

Angel Clark Trinh Dang Rebecca McLamb Trudie Rickman Sandra Ruff Karen Rushton Dorothy Smith Gwynn Swinson 3920 Wilson Co SNA

Annette Barnes Bernice Lindsey

Dana Ward

District 4 - 28 New Members

4260Cumberland Co SNA

Robert Hostler

4430 Harnett Co SNA Veronica Gregory Margaret Hudson Judy Newkirk

4470 Hoke Co SNA

Monarco Pone

4530 Lee Co SNA

Amelia Unger

4620 Montgomery Co SNA

**Bobbie Bruton** Bettve Cagle Jessica Clark Wanda Correll Evovne Davis Donna Faulkner Kristy Holder Sharon Honevcutt Susan Lassiter Shirley Lemonds Mary Little Norma Lynthacum

LaKita McDonald

Janice McLendon Barbara Parsons Debra Roberts

Peggy Russell Shirley Spurlin

4780 Robeson Co SNA

Jo Ann Locklear Craig Lowry

4830 Scotland Co SNA

Victoria Locklear Shirley Smith Angela Underwood District 5 - 19 New Members

5010 Alamance Co SNA

June Dodson Angela Feiner Tracy Smith

5290 Davidson, Lexington,

Thomasville SNA

Ida Canty

5410 Guilford Co SNA

Barbara Colvin Debra Humble Michelle Ingold Sandra Kersey

5730 Person Co SNA

Daisy Henderson

Vanessa Leigh

5760 Randolph Co SNA

Charlotte Adams Lori Allred Connie Green Cynthia Hill Vickie Hyatt Janet Poole Vondena Whitley Melissa Williams 5850 Stokes Co SNA

District 6 – 22 New Members

6130 Cabarrus Co SNA

Cynthia Biggers

Annette Burleyson Mary Gwinn Patricia Helms Julie Lloyd

Brenda Southern

6360 Gaston Co SNA

Carol Larino Lenore Smith

Eric Shelhart

6550 Lincoln Co SNA

**Emily Beal** Susan Cline Amy Harkey

6600 Charlotte Meck SNA

Randall Carson Albert McMicken Vicki Moore

6800 Rowan Salisbury SNA

Amy Hendrick Lori Matthews Heather Strickland 6900 Union Co SNA Tammy Couick

Katrina Huntley Frank LoBue Tina Manns SNA-NC James Roth

District 7 - 16 New Members

7180 Catawba, Hickory,

**Newton-Conover** 

Virginia Bungin Betty Carney Kimberly Price Janice Yount

7300 Davie County SNA

Velma Burton Anne Fulp Nicole Ijames Sharon Jones Charlene Kelly Sandra Leonard Frances Richie Renee Schulte Dawn Sechrist

7860 Surry, Elkin, Mt. Airy

Alisa Hutson

7970 Wilkes Co SNA

Mary Kanapp

7990 Yadkin County SNA

Katherine Sommers

District 8 – 13 New Members

8440 Haywood Co SNA

Debora Cowan Tina Kraffv Klishea Layman April Long Cynthia Medford Angela Melton Lucy Messer Angela Pless Myra Stone Thomasine Wilson

8560 Macon Co SNA

Sandra Bennett Jovce Bowman Kelli Hannah



The following Sustaining Members are an important part of our Association. Please invite them to your district and chapter meetings and let them know how much you appreciate their services and products.

AccuTemp Products

**Authorized Commercial Equipment** 

B. K. T., Inc.

Bake Crafters Food Company

Blue Bell Creameries

Brakebush Brothers, Inc.

Burel & Associates

Café Concepts/The Jordan Group

CAFE, Inc.

Campbell's Foodservice

Cannon Marketing

Carolina Marketing, Inc.

Clouds Clothing

Coca Cola Bottling Company

Comfort Creek Foods

ConAgra-Lamb Weston

ConAgra Foods

Correction Enterprises

Cybersoft Technologies, Inc.

Dennis Foods

Denver Equipment Co. of Charlotte,

Inc.

DGW Business Forms & Systems

Dispenser Services Inc.

Dispensing Systems of NC, Inc.

**Duke Energy** 

Duskie Utsey & Associates

Dynamic Marketing Group, Inc.

East Side Entrees

**Education Management Systems** 

Food Concept Specialists

Food Sales East

General Mills Foodservice

Gilbert Foodservice, Inc.

Giorgio Foods

Good Harbor Fillet Co., Inc

Griffin Marketing Group

Harvest Foods, Inc.

Heinz North America

Hershey Creamery Co.

**Hobart Corporation** 

Hopco Foodservice

House of Raeford Farms, Inc.

Innovative Concept Group

Intek Manufacturing

Inter Coast Sales & Marketing

Jacobi-Lewis Company

Jones McCormick & Associates, Inc.

JTM Food Group

Juice Alive

Kellogg's

KeyImpact Sales Systems

Kings Delight

Land O' Lakes, Inc

Larry's Sausage

Lindox Equipment Company

Lunch Box / Data Futures

Maola Milk and Ice Cream

Mannhart, Inc.

Master Marketing Sunlow

McIntyreSales, Inc.

Meridian Beverage Company

Mutual Distributing Company

National Vendors

NCDA&CS-Food Distribution

NC DPI-Child Nutrition Services

NC Subway Group

NC Vending Association

Otis Spunkmeyer

PanSaver - M & Q Plastic Products

Par Pak

Pate Dawson Company

PCS Revenue Control Systems

Pepsi Bottling Ventures

Pepsi-Cola Bottling Co of Hickory

PepsiCo Foodservice

Piedmont Natural Gas

Plas-Tique Products, Inc.

Profit Solutions Group, Inc.

**PSNC Energy** 

Quality Sales & Marketing of NC

Ridgefield's Brand Corporation

Sanitech Systems

Sartox, LLC

Schwan's Food Service, Inc.

**SFSPac** 

Sharin' Foodservice Sales, Inc.

Shat-R-Shield

Smart Mouth Pizza

Southeast United Dairy Industry

Southern Equipment Fabricators

Super Bakery

Swanson-Girard Associates

Switch Beverage Company

Sysco Food Services of Raleigh

Tarheel Distributing Company

Thompson & Little, Inc.

True Foodservice Equipment

United Restaurant Equipment Co.

Universal Equipment Company

US Beverage, Inc.

US Foodservice

W. A. Brown & Son, Inc.

Whaley Foodservice Repairs

### **New Horizons Trade Show**

Wednesday, June 18, 2008

Who Should Attend:

Food Service Professionals (Not Open to the Public)

Children under age 16 are not permitted in show unless part of a Culinary Course and chaperoned by the sponsor.

Trade Show Schedule

Buyer's Morning for Directors and Supervisors 8:30 am – 12:00 Noon

Managers Admitted to Buyer's Morning 11:00 am – 12 Noon

Trade Show Open 12:00 Noon – 3:00 pm

Check out www.schoolnutrition-nc.org for additional Trade Show information and forms.

### **Chapter Officers:**

We are having a garden party and want you to join us!

By Marilyn Moody, Past President

Plan to register and order tickets for this year's President's Luncheon. All chapter officers are invited to attend so that you may meet other officers, the SNA-NC Executive Board, and Past Presidents. You will hear from our current President, Kathy Buelin. We will focus on Growing Healthy Children by sowing ideas with one another and expecting to reap best practices when we return to school in the fall. There is a small cost to attend, but you can be sure you will receive priceless benefits! Come, grow with us!



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Tel: (919) 832-4546 Toll Free: (800) 662-7342



### **Endowment Update**

By: Alison Francis, Endowment Chair

### **Silent Auction**

It's time to start making plans to attend this year's conference.

Please stop by and visit the Silent Auction.

Local chapters and individuals are being asked to donate an item to be auctioned. Last year, some of the items donated included gift baskets, tickets to attractions, handmade crafts, kitchenware, jewelry, gift certificates and items that may be unique to your part of the state.

Members will have the chance to view and bid on the items at specified times during the conference. Each item will be displayed with a list of what's included, the estimated value and the chapter or individual it was donated by. Those bidding will write down their bid on the bid sheet and check back periodically to see if they are the highest bidder or need to raise their bid. The person with the highest bid at the close of the silent auction will get the item.

Thanks again to the 36 chapters and industry members that made a donation last year. A total of 71 items were donated and we collected \$2,124. For the Silent Auction to be a success, we need your help. Please have your chapter donate an item for the auction. It would be great to have all 58 chapters submit something this year!

If you have any questions please contact Alison Francis at 704-983-5151. Thank you in advance for your support.

### **Endowment Mini Session**

Do you love cheese and always wanted to make your own? The Endowment Committee and UNC-G will be offering two extended Mini Sessions called "Thirty Minute Mozzarella." The sessions will offer instructions on how to make homemade mozzarella cheese. We will be traveling by bus to the Foods Lab at UNCG, where Dr. Anne Marie Scott will teach us the art of cheese making. Spaces with be limited. More information and a sign-up sheet will be available at the registration desk.

### Mary Long Beasley Award

By: Marilyn Moody, Past President

Many of our veteran members will remember Mary Long Beasley. She was a CN Director with Johnston County and with Nash/Rocky Mount. She lost a valiant battle with cancer and left a void in our membership that will never be filled. To know Mary Long, was to know school nutrition. Her positive and optimistic outlook was contagious for those who met her. She was dedicated to providing healthy meals to students to promote learning. Her joys of work and child nutrition were evident in all she did.

SNA-NC recognizes members each year that exude the same joy and optimism that was known in Mary Long. Her family (along with a review team) selects a deserving employee, manager, and director/supervisor each year to receive the coveted Mary Long Beasley Distinguished Service Award. They are looking for the same attributes in members that were exemplified in Mary Long's life.

You know the kind of person who serves our students every day, who works with joy and enthusiasm, who is always bright and cheerful, and who makes a difference in the lives of others.

Please take a minute to complete the nomination form (found on our www.schoolnutrition-nc.org web site) to recognize a deserving individual for this award. Most of the time, these individuals are behind the scene and rarely recognized for what they do. You know their value, and you know how much we would appreciate recognizing them at the banquet in June.

You will need to mail or fax your nomination to our Executive Director, Dawn Roth, by April 30.

Dawn Roth SNA-NC 9826 Sandman Lane Charlotte, NC 28216 Fax: 704-399-7179

Thank you for taking the time to recognize a deserving individual in your school system. Every nominee is a winner because they make a difference in the lives of students!

### District IV Meeting – January 26, 2008

By: Kelly Povroznik Jones, District IV Director

The District IV meeting was held on Saturday, January 26, 2008, at Reid Ross Classical School, located in Cumberland County. Approximately 50 members were present.

After members signed in at the registration desk, they were able to purchase items from the Country Store, buy 50/50 raffle tickets, and enjoy refreshments donated by Tim Greene and Robin Chriscoe of Sharin' Foodservice Sales and the local Cumberland County School Nutrition Association.

Once the meeting was called to order, Boy Scout Troop 701 of Stedman, North Carolina posted the Colors and lead members through the Pledge of Allegiance. Jean Mason, from the CCSNA, provided the Thought for the Day. Kathy Buelin, the 2007-2008 SNA-NC State President, spoke to District IV Members about the Association, the importance of attending the Legislative Action

Conference (LAC) in Raleigh, as well as accessing training materials. Burel & Associates performed a skit on Customer Service and Tim Greene and Robin Chriscoe gave District IV Members information on food products at Sharin' Food Service. During the break, members took part in a Bingo game that allowed them to get to meet other District IV Members. Reporting in for Lois Hood, Deborah Carpenter, the 2007-2008 SNA-NC Vice President, updated members on Member Services, as well as the Association and LAC. District IV Chapter Presidents were recognized and gave their reports. The morning concluded with a 50/50 raffle and door prizes.

I would like to personally thank the CCSNA Executive Board and local members for ALL of their help and support with the meeting, decorations, and food donations/preparation and Sharin' Foodservice for the food they donated.







### PROPOSED BYLAWS CHANGES

### **Proposed Bylaws Changes**

The Association must present to the membership all proposed changes in the Bylaws. These changes will be voted upon at the House of Delegates Meeting on June 18, 2008, in Greensboro. All members of the Association may attend the House of Delegates as observers. Voting members consist of the Executive Board, Past State Presidents and Chapter Presidents or voting delegate from each chapter.

### Article I Membership (Existing)

**Section A.** Classes of Membership. Membership shall consist of three classes: School Foodservice and Nutrition, Associate and Affiliate.

- **1. School Foodservice and Nutrition Members.** School foodservice and nutrition member categories shall consist of employees, managers, supervisors/directors and educators employed in eligible fields.
- 2. Associate Members. Associate member categories shall consist of retired members, students enrolled in post-secondary school foodservice programs, industry individuals, corporations and others committed to furthering the goals of the Association.
- **3. Affiliate Members.** Affiliate member categories shall consist of:
  - a. School foodservice employees working less than four hours per day who choose the option of being non-voting supporter members.
  - b. Retired members who choose the option of being non-voting supporter members.

### Section B. Eligible Field.

**Section C. Rights and Privileges of Members**. All school foodservice and nutrition members and associate retired members, whose dues are currently paid, shall be entitled to vote for the election of officers and to vote by mail upon any matter submitted to the voting membership.

- 1. Members who cease to be employed in an eligible field may continue their membership until their renewal date
- 2. Retired members shall not be eligible for nomination to state elective office.
- 3. Student members and Associate members in the "Other" category shall be non-voting members.
- 4. Affiliate members shall be non-voting members.
- 5. Industry members shall be entitled to vote for the election of the industry representative to the Executive Board. The category of Individual Industry member shall be entitled to one vote and category of Corporate member is entitled to one vote by up to four designated representatives, giving each Corporate membership up to four votes.
- **6.** All members shall be eligible to attend the meetings of the House of Delegates as observers.

Section D. Dues.

Article I Membership (Proposed)

### Section A. Types of Membership

- 1. Individual Membership Owned by an individual; not transferable.
  - a. School foodservice and nutrition members
  - b. Associate members
  - c. Affiliate members

- 2. School District Owned Membership Owned by a school district; transferable within listed categories.
  - a. Individual school building
  - School district

Section B. Classes of Membership. Membership shall consist of three classes: School Foodservice and Nutrition, Associate and Affiliate.

- 1. Individual Membership Owned by an individual; not transferable
- School Foodservice and Nutrition Members. School foodservice and nutrition member categories shall consist of employees, managers, supervisors/directors and educators employed in eligible fields.
- **Associate Members.** Associate member categories shall consist of retired members, students enrolled in post-secondary school foodservice programs, industry individuals, corporations and others committed to furthering the goals of the Association.
- **Affiliate Members.** Affiliate member categories shall consist of:
  - i. School foodservice employees working less than four hours per day who choose the option of being nonvoting supporter members.
  - ii. Retired members who choose the option of being non-voting supporter members.
- 2. School District Owned Membership Owned by the school district; transferable within listed membership categories.
  - a. Employees
  - b. Managers
  - c. Supervisors /Directors

Educators employed in eligible fields

Section C. Eligible Field.

### Section D. Rights and Privileges of Members.

- 1. Individual Membership -- All school foodservice and nutrition members and associate retired members, whose dues are currently paid, shall be entitled to vote for the election of officers and to vote by mail upon any matter submitted to the voting membership.
- Members who cease to be employed in an eligible field may continue their membership until their renewal date.
- Retired members shall not be eligible for nomination to state elective office.
- Student members and Associate members in the "Other" category shall be non-voting members.
- d. Affiliate members shall be non-voting members
- Industry members shall be entitled to vote for the election of the industry representative to the Executive Board. The category of Individual Industry member shall be entitled to one vote and category of Corporate member is entitled to one vote by up to four designated representatives, giving each Corporate membership up to four votes.
- All members shall be eligible to attend the meetings of the House of Delegates as observers.
- A person shall not hold both an Individual and School District Owned Membership concurrently.

### 2. School District Owned Membership

- Members who cease to be employed in an eligible field or in a school district owned position relinquish membership on date of separation.
- Shall be eligible for nomination to state elected office as specified in Article VI. Officers, Section B. Eligibility.
- All members shall to eligible to attend the meetings of the House of Delegates as Observers.
- Reserve the right to change to an individual membership at any time.
- Shall not hold individual membership concurrently

#### Section E. Dues.

Rationale: SNA amended their Bylaws so that they could officially offer Individual Memberships and School District Owned Memberships. SNA-NC is changing their Bylaws in order to follow the national direction and offer both memberships.

### Section E. Chapter Affiliates (Existing)

**5. Elected Officers:** A list of newly elected officers with mailing addresses shall be sent to the *Member Services Chair* within fifteen (15) days after the election.

### Section F. Chapter Affiliates (Proposed)

**5. Elected Officers:** A list of newly elected officers with mailing addresses shall be sent to the *Executive Director* within fifteen (15) days after the election. *The Executive Director will forward to the Member Services Chair.* 

Rationale: The change reflects what is currently being done.

Article II Officers (Existing)

### Section B. Eligibility and Terms of Office

3. Be ineligible for re-election to a state office previously held.

Article II Officers (Proposed)

### Section B. Eligibility and Terms of Office

3. All candidates are eligible for re-election to a state office previously held, but not in consecutive terms and may not exceed two terms

Rationale: This will give members the opportunity to hold the same office twice during their Child Nutrition careers if they wish, but not consecutively.

### **Definitions (Proposed Addition)**

#### L. Candidate Guidelines

#### a. Vice President Candidates

- -Must have held membership in the association for at least five years immediately preceding the nomination.
- -Must have served on the Executive Board.
- -Must have served in the House of Delegates within the past seven years or have served on a standing committee or advisory board within the past three years.
- -Must have attended three of the last five state conferences.
- -Must be certified or credentialed.

### b. Secretary or Treasurer Candidates

- -Must have held membership in the association for at least five years immediately preceding the nomination.
- -Must have served on the Executive Board or have served on a state committee or advisory board.
- -Must be certified or credentialed.

### c. District Director Candidates

- -Must have held membership in the association for at least three years immediately preceding the nomination.
- -Must have demonstrated leadership ability but previous service on a state committee or advisory board is **not** required.
- -Must be certified or credentialed.

\*\*All candidates are eligible for re-election to a state office previously held, but not in consecutive terms and may not exceed two terms.

Rationale: This will provide all of the candidate requirements for each office in one section.

# Partner in Education Award By: Jill M Hively, RD, LDN, Nutrition Committee Chair

Partner in Education Award entries are due by May 1, 2008. The guidelines can be found in your Chapter Leadership Manual or on the SNA-NC Web site at http://www.schoolnutrition-nc.org. Please read the guidelines carefully. If you do not have access to the manual or the internet, please call me and I will be glad to get you any needed information.

The Partner in Education Award is intended to recognize exceptional implementation of nutrition education activities in both the cafeteria and the classroom. Last

year, the Nutrition Committee was so excited to receive numerous notebooks to judge. Great things are taking place in child nutrition on the local level and this is a great opportunity to document your efforts and let your light shine. We hope to see more competition this year! The Partner in Education award will be presented at our annual meeting in Greensboro and winners' pictures will appear in the fall issue of the ARROW.

Don't miss our "Make It, Take It" workshop in Greensboro. It promises to be an exciting event! See you then!

### SNA-NC Chapter Leadership Seminar

By: Beth Palien, President-elect

When:Tuesday, June 17, 2008 from10am-2pm Who should attend: Chapter Officers and Leaders Fee: \$50.00 (Lunch included)

Growing Healthy Chapters will be the theme for a fun and exciting day. Chapter officers and leaders will learn how to grow a happy and successful tree (chapter). During the seminar members will learn how to:

- Keep the roots healthy by using the Chapter Leadership Manual and 2008-2009 Plan of Work,
- Grow a healthy trunk with budgeting and fundraising ideas.
- Branch out by recruiting new members and use the fruits of certification!

Every chapter should send an officer to this seminar. Also, send anyone who is interested in becoming a leader and an officer. All are welcome to attend! To register, mark the section on the conference registration form and send \$50 for each member attending.

Join us for fun, prizes, games and fellowship as you learn to grow a healthy chapter. See you there!

### **Educational Mini Sessions**

Date: Thursday, June 19, 2008 Who Should Attend: Everyone

Fee: Included in your Conference Package or Thursday Registration

Each person should select three mini sessions to attend.

"Alliance for a Healthier Generation: Working to Eliminate Childhood Obesity" Shannon Bergmann

"Food Safety and HACCP Procedures" Pattie Graves & Burel Group

"Life-Band-Aid: Sometimes a Patch Just Won't Do" Melanie K. Johnson

"Healthier US Challenge" NC DPI Child Nutrition Services

"Basic Kitchen Safety" Pattie Graves & Burel Group

"Delegating to Others: You Are Just One Person, You Can't Do It All" Melanie K. Johnson

"Nutrition Education" Kathy Andersen

"Proper Holding Temperature Procedures" Pattie Graves & Burel Group

"Leadership: How to Share Your Talents" Jim Smith & Libby Post "From Mundane to Memorable: Best Practices for Delivering Approachable Services" Scott Ginsberg

"NSLW Make It, Take It" Jill Hively and Nutrition Committee

"Fraud Prevention: Cash Management for Manager and Cashiers" Melanie K. Johnson

"Equipment Preventative Maintenance Made Easy" Shannon Sykes

"Growing Your Local Chapter: Recipes for Membership Success" Lois Hood and Member Services

"Wan-A-Be Certified?" Lori Reece and Education Committee

"Thirty Minutes Mozzarella" Alison Francis

"How to be a Winner the Culinary Way" Jama Stallings and Star Mauldin

"Growing a Successful NAC Chapter" Judy Wrenn and NAC

### SNA-NC Balance Sheet as of July 31, 2007

By: Libby Post, SNA-NC Treasurer

### Assets

Currents Assets	
Checking/Savings Business Economy Checking	\$ 76,737.42
Savings-BB&T	\$ 169,615.83
Wachovia	\$ 69,352.74
Wachovia CD	\$ 131,230.53
Total Checking/Savings	\$ 446,936.52
Total Current Assets	\$ 446,936.52
Total Assets	\$ 446,936.52

### Liability & Equity

Equity Opening Balance Equity Retained Earnings Net Income	\$ 279,710.55 \$ 157,731.23 \$ 9,494.74
Total Equity	\$ 446,936.52
Total Liabilities & Equity	\$ 446,936.52

## School Nutrition Association of North Carolina 2008 Annual State Conference "School Nutrition: Growing Healthy Children"

By: Deborah Davis Carpenter, Vice President

Let's sow some seeds! This year's NC Annual State Conference will definitely help to prepare us for "Growing Healthy Children." We have three dynamic speakers that were chosen to educate, motivate and entertain us throughout the week. We want to make sure that the Greensboro citizens will know that SNA-NC has come to their great city to celebrate the children of North Carolina. We will be learning, networking, meeting new friends, catching up with old friends and having some good old fashioned fun during the week.

Sally Baskey, our opening general session speaker will make us smile, laugh, and think. She delivers a powerful message with humor through three hilarious characters that she has developed to keep us laughing throughout the evening.

After a wonderful afternoon with Baskey, we will give you time to eat dinner with your friends and, of course, shop a little. Then we want you to come back to some good old entertainment, which will be a sure surprise to all. We will have a "Karaoke 2008 Talent Search." Our celebrity mistress of ceremony will keep us laughing through out the evening. Sign up now to join in the fun of expressing your singing and acting talents in this year's Karaoke Talent Search.

"Hello my name is Scott." Yes, Scott Ginseng, the guy with the name tag is our second general session speaker. I know for a fact that Scott wears his nametag every where he goes, even in the shower. Are you interested now? Whether you are a seasoned child nutrition employee or a newcomer to the profession, Scott will give you tips and tools to become friendlier and more approachable for the 2008 to 2009 school year.

We have added a new pre-conference workshop to our schedule this year. Smart Options-Train the Trainer Workshop for directors and supervisors. New and Potential Managers' and CRE/SMI Trainings are back again with new and exciting information that we can all use to continue the work we do in our schools to help grow the children we serve. Please sign up early due to limited availability. President-elect Beth Palien has a super Chapter Leadership Seminar planned for all chapter officers to gain valuable knowledge for the 2008 to 2009 school year. Plan to be there.

Start planning now for the Culinary Arts and Creative Arts Competition. This is a wonderful opportunity to display your best creation and show off your skills in one of the culinary arts categories. It would be exciting to see lots of winners this year!

The educational mini-sessions have been selected to ensure that you will leave with lots of knowledge for the coming school year. Topics such as "Life Band Aid: Sometimes a Patch Just Won't Do" will focus on how to face concerns and situations and take actions to correct them. Equipment maintenance and safety, child nutrition, developing leadership skills and fraud prevention are just a few topics that will be covered. You will be ready to cultivate your crop after completing this day of training.

Our Thursday evening banquet will be "A Garden Party." We will celebrate our president's theme, School Nutrition: Growing Healthy Children. Wear your Sunday best to an evening of socializing and fun. The entertainment for the evening will be The Fantastic Shakers. You will have time to dance the night away or sit back and listen to good music.

Friday morning will begin early with Member Services recognizing our chapter presidents and chapter members. Our state president, Kathy Buelin, will give highlights from a wonderful and busy year. You don't want to miss our closing session speaker, Phillip Van Hooser, keynote speaker, author and expert on leadership and customer service. Van Hooser has a unique gift to take leadership and customer service principles and communicate them clearly and in a commonsense manner. He will also select the winners for the many door prizes given to us by vendors from across the state. You must stay to the end to be a recipient of the grand prize.

Get ready and start packing and put on those comfortable traveling shoes. We want to fill the Koury Convention Center with our eagerness for knowledge, excitement and fun. Look for additional details in this issue of the ARROW.

### 2007-2008 SNA of NC Executive Board

### **STATE OFFICERS**

#### President

Kathy Buelin Lincoln County Schools 2660 N. Highway 321 Business Lincolnton, NC 28092 Work: (704) 736-1017 ext. 20128 Fax: (704) 736-1687 kbuelin@lincoln.k12.nc.us

#### **President-Elect**

Beth Palien Asheville City Schools 85 Mountain St. Asheville, NC 28802 Work: (828) 350-6108 Fax: (828) 255-5131 beth.palien@asheville.k12.nc.us

#### Vice-President

Deborah Carpenter Hoke County Schools 310 Wooley St. Raeford, NC 28376 Work: (910) 875-4106 Fax: (910) 904-1100 dcarpenter@hcs.k12.nc.us

#### Secretary

Jama Stallings Franklin County Schools 53 West River Road Louisburg, NC 27549 Work: (919) 496-5125 Fax: (919) 496-7939 jamastallings@fcschools.net

#### Treasurer

Libby Post 225 Stonewall Road Salisbury, NC 28144 Work: (704) 630-6069 Fax: (704) 639-7078 postls@rss.k12.nc.us

### **Industry Representative**

Ashley Ellington Hopco Foodservice of the Carolinas 5919 Royal Coach Court Raleigh, NC 27612 919-783-5433 (w) 1-800-224-6726 x455 AshlyEllington@aol.com ashleyellington@hopcobroker.com

### DISTRICT DIRECTORS

#### District I

Abbie Hopkins
747 Old Pamlico Beach Road West
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Work: (252) 943-6545
f\_ahopkins@gotricounty.com

#### **District II**

Donna Williford 121 Swift Creek Road Vanceboro, NC 28586 Work: (252) 514-6337 Fax: (252) 514-6352 donna.williford@craven.k12.nc.us

### District III Tricia Hart

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#### **District IV**

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#### District V

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#### District VI

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#### District VII

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### **District VIII**

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### **Resolutions and Bylaws**

See Vice President

### Marketing Advisory

See President-Elect

### Nominating

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### Non-Voting Board Members Endowment

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### **Nutrition Advisory Council**

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### **Industry Advisory**

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Gary Gay NC Department of Agriculture and Consumer Services P.O. Box 659 Butner, NC 27509 Work: (919) 575-4490 Fax: (919) 575-4143

gary.gay@ncmail.net

#### **Executive Director**

Dawn Ferguson Roth 9826 Sandman Lane Charlotte, NC 28216 Toll Free: (800) 219-4893 Local Phone: (704) 393-2316 Fax: (704) 399-7179 jbdfroth@aol.com

### Contracted Personnel Parliamentarian

Harry Wilson Legal Specialist, SDPI 8520 Riley Hill Road Zebulon, NC 27597 Work: (919) 807-3406 Fax: (919) 807-3198 harrywilson@earthlink.net

### Legislative Assistant

Gene Causby Steve Metcalf Contact Cindy Marion, PP&L Committee

### Wellness Walk for Hunger

Sponsored by Schwan's Food Service, Inc.

Date: Wednesday, June 18, 2008

Time: 7:00am to 8:00am

**Registration Fee: \$5.00 Donation** 

Our 7th Annual Walk will be held at the Sheraton. Plan to meet in the Guilford Pre-function I area by 6:50 a.m. All donations will be contributed to the Food Bank of North Carolina. The Food Bank provides assistance to needy families across North Carolina. Schwan's Food Service will be sponsoring the event, and providing each pre-registered participant with a t-shirt. Be sure to note you tee shirt size on the registration form.

Our walk will end before the day's activities begin, so come join the fun and help others – and show your desire to be fit. Be an outstanding chapter and raise additional funds for the Food Bank. Any additional donations (above the \$5 registration included in your conference registration application) should be sent to:

Brittany M. Granados Child Nutrition Services, Director Davidson County Schools 250 County School Road Lexington, North Carolina 27293 Telephone: (336) 242-5522 Fax: (336) 249-1062

### **SNA-NC** Legislative Conference May 19-20, 2008

Cindy Marion, Public Policy and Legislative Chair Phone: 336-593-8146

Address:				
Phone:	Fax:	E-mail:		
List names attending (Registration	tion Fee is \$100.00 for members	and non-members)		
<b>∗</b> ID Number	<b>☀</b> Name to Appear on Badge	<b>∗</b> Total	Enclosed	
(SNA-NC Members please use) (Sustaining Members need no nu	ımber)			
<del></del>	То	tal Enclosed		
		(No	Refunds)	
TO REGISTER: Please read and complete this form. Send form with payment	REGISTRATION FEE: Please use this rate to complete your form:	2 WAYS TO REG	HECK to:	
or credit card information to:  SNA-NC 9826 Sandman Lane Charlotte, NC 28216	Registration Fee: 9826 Sandm \$100.00 per person includes two lunches and breakfast SNA-N  SNA-N  9826 Sandm Charlotte, No Make check payable OR		nan Lane C 28216	
E-mail: jbdfroth@aol.com	Deadline for Registration is: May 9, 2008	2. FAX (or mail) form with credit card information to: 704-399-7179		
E-mail Address of Registrants	Special Meal Requirements	☐ MasterCard ☐ Visa	I	
	<u>-</u>	Card No.	Exp. Date	
		Signature	Date	
SNA-NC Legislative May 20-2 Raleigh Go to www.schooln	21, 2008 n, NC	3 Digit Code on Back of	Card	

the latest information & forms.

### **Pre-Conference Training Workshops**

"Coordinated Review Effort (CRE) and School Meal Initiative (SMI) Training"

Date: June 16, 2008 - 12:30 pm-5:00 pm June 17, 2008 - 8:30 am-5:30 pm

Who should attend: CN Administrators of School Systems with a scheduled CRE/SMI during 2008-

Registration: Described below

The North Carolina Department of Public Instruction, Child Nutrition Services is pleased to offer a two-day training session for CN directors and Supervisors with a scheduled CRE/SMI Review during 2008 to 2009. This preconference training will take place June 16 to 17 at the Koury Convention Center in Greensboro. The session will begin with registration at 12:30 p.m. on June 16 and conclude by 5:30 p.m. on June 17. The session will accommodate 50 participants.

Registration information will be sent in April by the NCSU McKimmon Center to all CN directors with scheduled CRE/SMI reviews during the 2008 to 2009 school year. If you have any questions, please contact your CN Service Area Consultant or Janice Ezzell at 910-383-2010 or by e-mail at jezzell@dpi.state.nc.us.

"New and Potential New Manager Training"

Date: June 16, 2008 - 9:45 am-5:00 pm June 17, 2008 - 8:30 am-3:30 pm

Who should attend: New and potential new child nutrition managers who have never attended this workshop previously

Registration: Described below

The North Carolina Department of Public Instruction, Child Nutrition Services is pleased to offer a two-day training session for new and potential new managers in Child Nutrition Programs. This pre-conference training will take place June 16 to 17 at the Koury Convention Center in Greensboro. The session will begin with registration at 9:45 a.m. on June 16 and conclude by 3:30 p.m. on June 17.

The agenda will cover such topics as the manager's role with free and reduced, counting and claiming meals, using the food buying guide, food production record keeping, receiving and storage procedures, special diets for special-needs students, personnel management and an overview of nutrition.

Registration information will be sent from the NCSU McKimmon Center to all CN directors in April. If you have any questions, please contact Janice Ezzell at 910-383-2010 or by e-mail at jezzell@dpi.state.nc.us.

The session will accommodate 80 participants. This has been a popular workshop over the past few years, so register early!

Smart Options - Train the Trainer Workshop

Date: June 17, 2008 – 8:00 am-12:30 pm Who should attend: CN Directors and Supervisors Registration: Described below

This workshop will offer the training and resources required for teaching Smart Options: School Meals Make a Difference in NC, an approved SNA certification course. Smart Options, from the NC Department of Public Instruction and NC Division of Public Health, is a continuing education course tailored for child nutrition professionals in North Carolina that covers the key components of nutrition and physical activity, child nutrition regulation requirements, methods for serving quality school meals, strategies for linking the cafeteria to the classroom with nutrition education, ways to market school meals and the components of school wellness. The session will begin with registration at 8 a.m. on June 17 and conclude by 12:30 p.m. The session will accommodate 50 participants.

Registration information will be sent by the NCSU McKimmon Center to all CN directors in April. If you have any questions, please contact Janice Ezzell at 910-383-2010 or by e-mail at jezzell@dpi.state.nc.us.



### **Culinary Arts / Creative Arts Competition**

Are you planning to enter the 2008 Culinary Arts and Creative Arts Competition in Greensboro? If you are, get ready and set to follow the competition rules exactly to avoid disqualification. The biggest challenge event leaders faced last year was contestants being disqualified.

The list below shows the major reasons for disqualification last year.

### Major Reason(s) for Disqualification Meat/Vegetable Plate

- 1 More than two fruit/vegetable servings
- 2. Meat/meat alternate weighed less than 2 oz.
- 3. Excessive weights or portion for meat/meat alternate

### Sandwich Entree

Excessive over-serving fruit and fruit/vegetable portions

### Salad Plate

- 1. Not a self-contained unit of components as required
- 2. Incorrect Category

### Complete Breakfast

Excessive meat and bread portions

### Cookies, Cake, Yeast Bread, Sweet Yeast Bread, Muffins and Biscuits

- 1. Incomplete quantity recipe or no recipe card
- 2. Incorrect category
- 3. Recipe card not the correct size

### **Decorated Cakes**

All items used in decorations were not edible as required. Cake decorations **must be** edible.

So, look over the following rules and information and carefully make your plans.

All of the entries will be screened first by Child Nutrition employees who understand the program. They will **disqualify** entries which do not meet the requirements and rules.

Please note that to provide a standard for judging all entries, the **traditional lunch pattern** will be the standard of measure for all complete plate categories.

### Mission Statement

The mission of the School Nutrition Association of North Carolina Culinary/Creative Art Competition is to attractively display and merchandise foods and creative decorations used in the operation of the North Carolina Child Nutrition Programs.

### General Information for All Participants

- Participant must be a SNA-NC member and registered for the SNA-NC Annual Meeting.
- Entries must be in the name of an individual member-school entries are not permitted.
- Participant must check in with the Culinary and Creative Arts Committee prior to set up in order to receive instruction packet and sign-in. Each participant must pick up his/her own packet.
- Only participants will be allowed in the show area and they must leave prior to judging time.
- The SNA-NC Culinary and Creative Arts
   Competition Committee and the SNA-NC
   are NOT responsible for the loss or theft of
   any item or display.
- Each entry will be given a number and judged by number not by personal identification. After judging, all entries will be identified by a card naming the individual person.
- No materials should identify the exhibit as that of a specific individual, school, or school system. However, it is permissible to display supplier's name on food products such as milk containers or crackers since this is the typical way it is served in the school cafeteria.
- No prizes will be awarded to contestants who remove their entries before the specified competition viewing closing time.

### Judging - General Information

Judging will be conducted in teams. Judges will be selected from persons who are knowledgeable in the following:

school foodservice and USDA guidelines and/or food production

arts and crafts

Judges can include instructors in foodservice programs, restaurant chefs, or other foodservice professionals.

Training will be conducted for judges on the category rules and judging criteria for the Division Categories prior to the actual time of judging.

Child Nutrition Directors and Supervisors may serve as judges as well as members of the NC DPI-Child Nutrition Services staff.

Students engaged in a foodservice program may serve as judges. But no more than one student will serve on a judging team.

Pre-judging will occur prior to competition judging. Pre-judging will be conducted by knowledgeable child nutrition professionals who will review all entries only for meeting specific category rules and the general rules.

### **Division I: Culinary Arts**

14 Competition Categories

### A. Complete School Lunch Plate

Categories (5)

**1. Meat/Vegetable Plate** Meat entree is served with appropriate fruits /vegetables, bread and milk.

*Examples:* Fried chicken, country style steak, pizza, tuna salad, chicken salad, chili with beans, with appropriate fruits/vegetables, bread and milk.

- **2. Sandwich Entree** The entree is served on or between a bread item with appropriate fruits/vegetables and milk. *Examples:* Anything on a bun, pita bread, croissant, taco, burrito, etc. or open faced sandwich, with appropriate fruits/vegetables or soup and milk.
- **3. Salad Plate** The emphasis of the meal is on salad as a meal with the addition of milk and appropriate bread. *Examples:* Cheese and fruit salad, chef salad, taco salad with appropriate bread item and milk.
- **4. Self Service Meals** Multi-component food items in which students serve themselves. *Examples:* Salad bars, potato bars, taco bars. **Limit size of entry to 25 inches by 25 inches.** 
  - 5. Complete School Breakfast

### B. Dessert Categories (4)

Entries must include a written or typed copy of the recipe used on a card no larger than 5" x 8"

- **1. Cookies** All types: rolled, dropped and bar cookies. Brownies and Peanut Butter Delight are cookies.
- **2. Cakes** Plain sheet cakes with plain icing and minimal decoration.
- **3. Specialty Cakes** including layer cakes, carrot cakes and other specialty items made for a la carte sales.
- **4. Miscellaneous Desserts** *Examples:* Cobblers, pies, crisps, etc.

### C. Bread Categories (5)

Entries must include a written or typed copy of the recipe used on a card no larger than 5" x 8"

- 1. Yeast Breads
- **2. Yeast Breads-Sweet** *Examples:* Cinnamon buns, doughnuts, sweet rolls, etc.
  - 3. Muffins
  - **4. Biscuits** (baking powder variety)
- **5. Miscellaneous Breads** (any items not included in the above categories) *Examples:* Banana bread, quick sweet bread

### Culinary Arts Rules - All Categories

### 1. Complete Lunch Plates

All complete lunch plates must meet the food based USDA Meal Pattern for grades 4-12

Meat or Meat Alternate - A serving of meat or meat alternate...2oz. or equivalent

Vegetable and/or Fruit - Two or more servings of vegetables or fruit or both to total 3/4 cup Note: Salad Plates may contain up to 2 cups fruits/vegetables

Bread or Bread Alternate - Appropriate serving of bread or bread alternate

Milk - A serving of fluid milk 1/2 pint - 8 fluid oz.

### 2. Complete School Breakfast

All complete breakfast plates must meet the food based USDA Meal Pattern for grades 4-12

*Milk* - A serving of fluid milk 1/2 pint- 8 fluid oz. *Vegetable and/or Fruit* 1/2 cup

Two servings Bread or Bread Alternate 1 oz each

### OR

Two servings Meat or Meat Alternate 1 oz. each OR

One serving Bread or Bread Alternate and one serving of Meat or Meat Alternate

**3. Self Service Meal** entries must limit size of entry to 25" x 25"

- **4. Desserts and Breads** should be portioned appropriate to the way it is typically served or displayed in the local school cafeteria. Entries must include a written or typed copy of the recipe used on a card no larger than 5" x 8".
- **5.** The lunch plates, breakfast plates, desserts and breads entries must be typical of food served to students in the child nutrition programs and be prepared as they would be served in school cafeterias.
- **6.** Foods normally served hot will be displayed in cooked form and cold foods will be displayed in the form normally used.
- 7. Only one (1) entry per category per person will be accepted. Please read rules carefully for each category.

### Culinary Arts Judging Criteria

- **1.** All entries will be pre-judged to make certain they meet all the criteria.
- **2.** Complete Plate winners will be determined by accumulated points based on the following criteria:

### Appropriateness (total 60 pts):

Compliance with the USDA meal pattern guidelines for grades 4-12 (20 pts.)

Practicality in production including wise use of time, money, and equipment (20 pts.)

Compliance with the portion sizes for USDA meal pattern for grades 4-12 (20 pts.)

### Presentation (total 20 pts.):

Plate is displayed neatly and merchandised properly for a school lunch/breakfast and is attractive and has eye appeal. (20 pts.)

### Composition (total 20 pts.):

Plate has complimentary combination of flavors, colors, textures and shapes (20 pts.)

**3.** Desserts and Breads will be determined by accumulated points based on the following criteria:

### Appearance (total 25 pts)

Appropriately displayed (5 pts.)

Appearance -Color, smoothness (20 pts)

### Texture (total 20 pts)

Fine, even grain, moist, light, cuts easily springy (20 pts.)

### Flavor (total 25 pts.)

Delicate, well blended flavor, sweet, good taste (25 pts.) Use of Commodity Foods (total 5 pts.)

### **Culinary Arts Awards**

**1. Plaques and ribbons** will be awarded to first, second and third place winners in each of the fourteen categories.

- **2.** The Ralph W. Eaton Trophy will be awarded for the best school lunch. This award will be selected from first place winner in the four complete school lunch plate categories.
- **3. The Best of Show Trophy Desserts** will be awarded to the best dessert. This award will be selected from the first place winners in the three dessert categories.
- **4.** The Best of Show Trophy Breads will be awarded to the best bread. This award will be selected from the first place winners in the five bread categories.

### **Division II: Creative Arts**

### 5 Competition Categories

### **Categories**

- **1. Seasonal Fall Decoration** August through November
- **2. Seasonal Winter Decoration** December through February
- **3. Seasonal Spring/Summer Decoration** March through June
- **4. National School Lunch Week Decoration** Use the 2008-2009 theme of National School Lunch Week
- **5. Decorated Cakes** Sheet or tiered cakes where emphasis is on decoration.

### Creative Arts Rules - All Categories

- **1.** All entries must be original concepts. Entries purchased from a florist, craft supplier or bakery are not eligible.
- **2.** The entries must exemplify decorations actually used in the Child Nutrition programs.
- **3.** Size Restrictions: Entry will be disqualified if it exceeds size restrictions.

**Seasonal:** 25" Wide x 25" Long x 36" High, but can be smaller

**Decorated Cakes:** 15" Wide x 25" Long x 18" High, but can be smaller

- **4.** Only one (1) entry per category per person will be accepted. Please read rules carefully for each category.
- **5.** The icing and all decorations on decorated cakes must be made of ingredients that can be eaten. Decorated Cakes will not be judged on taste as part of the criteria. They may have a structural base for the display purposes only. Example: Styrofoam base allowed but must be able to duplicate with cake.

### Creative Arts Judging Criteria

- **1.** All entries will be pre-judged to make certain they meet all the criteria
- **2.** Creative Arts winners will be determined by accumulated points based on the following:

### Presentation (total 50 pts.)

Appropriate for use in school food service (15 pts.)

Workmanship - skill in assembly and design (25 pts.)

Shows wise use of time, money and materials (10 pts.)

### Originality (total 30 pts.)

Demonstrates a unique design or idea, creative and imaginative (30 pts.)

### Artistic Ability (total 20 pts)

Effective use of color, displays well in shape and overall design (20 pts)

### **Creative Arts Awards**

- **1. Plaques and ribbons** will be awarded to first, second and third place winners in each of the five categories.
- 2. Best of Show Trophy Creative

**Arts** will be awarded to best creative arts entry which will be selected from the first place winners in each category.



Making the right food choices, together.

13. 

Biscuits

14. 

Miscellaneous Breads

### SNA-NC Culinary Arts/Creative Arts Competition

### **ENTRY FORM**

Please print clearly and complete all blanks. You may make copies of this form. Person who submits entry must be registered and present to pick up his or her packet.

Name of Person Submitting Entry	Membership # required
School System	
School Name	
Contact Address PO Box or Street	t
City	State Zip
Phone number with area code	
are expected to set up all entries th	ration before marking your choices, as you hat you check. Only one (1) entry per cat- l. Please read rules carefully for each cate-
Culinary Arts Division	
1. ☐ Complete School Lunch: M	1eat/Vegetable Plate
2.   Complete School Lunch: Se	andwich Entree
3.   Complete School Lunch: Se	alad Plate
4. □ Complete School Lunch: Se	elf Service Meal
5. □ Complete School Breakfast	
Desserts	Creative Arts Division
6.   Cookies	15. □ Fall
6. □ Coories 7. □ Cake	16. ☐ Winter
	17. □ Spring
<ol> <li>Specialty Cakes</li> <li>☐ Miscellaneous Dessert</li> </ol>	18. 🗆 National School Lunch Week
9.   Niscenaneous Dessert	19. ☐ Decorated Cakes
Breads	
10. ☐ Yeast Breads	MAIL ENTRY TO:
11. ☐ Sweet Yeast Bread	Jama Stallings Franklin County Schools
12. □ Muffins	53 West River Road

Louisburg, NC 27549

Must be postmarked by May 15, 2008

### **OFFICIAL HOUSING FORM**

Group Name		Scho	School Nutrition Assoc	ciation of NC 2008	
Event Beginning Date	June 16, 2008	<b>Event Ending Date</b>	June 20, 2008	<b>Reservation Deadline Date</b>	May 16, 2008

## REGARDLESS OF THE NUMBER OF OCCUPANTS, SEND ONLY ONE COPY PER ROOM.

A change in departure date must be advised no later than check-in to avoid an early departure fee



H O T E L AT FOUR SEASONS

Room Rate

Three Persons
Four Persons

Club King

\$126.00 \$126.00 \$136.00 \$136.00 \$175.00

# Persons
One Person
Two Persons

PLEASE MAIL OR FAX DIRECTLY TO:

SHERATON GREENSBORO HOTEL AT FOUR SEASONS 3121 HIGH POINT RD GREENSBORO, NC 27407 FAX: 336 323-4876
Phone: 800/242-6556

12.75% 12.75% 12.75% 12.75% 12.75% Tax Nightly Total \$142.07 \$153.34 \$153.34 \$142.07 \$197.31 **CHECK IN TIME IS Your Arrival Date** 3 PM **CHECK OUT TIME IS** Your Departure Date **12 NOON** 

ALL ROOM TYPES A	PLEASE CHECK PREFERRED ACCOMMODATIONS ALL ROOM TYPES ARE BASED ON AVAILABILITY	PLEASE CLEARLY WRITE ADDITIONAL NAMES
2 DOUBLE BEDS	NON-SMOKING	
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☐ AMERICAN EXPRESS	☐ DINERS CLUB OR CARTE BLANCHE ☐	☐ JCB CARD ☐ VISA OR MASTERCARD ☐ DISCOVER ☐ CHECK #
Card Number		Exp. Date Deposit Amt.

RESERVATION CANNOT BE PROCESSED WITHOUT THE CARDHOLDER SIGNATURE

\*\*\*ALL NUMBERS ON THE CARD MUST BE INCLUDED AS WELL AS EXPIRATION DATE\*\*\*

CARDHOLDER SIGNATURE

### School Nutrition Association of NC Annual Conference Individual Registration Application

June 16-20, 2008 • Greensboro, Koury Convention Center

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# School Nutrition Association of NC Annual Conference Group Registration

**School System** 

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VISA Print Name on Card:	Mail form and check or money order (Do not send cash) by May 17, 2008 to SNA-NC, 9826 Sandman Lane, Charlotte, NC 28216  Payment Must Accompany Registration. Make checks payable to: SNA-NC (no refunds.)	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager  Manager • Supervisor • Director  Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Assistant • Asst. Manager Manager • Supervisor • Director Other:	Required for Name Badge	Title Circle or Write in	Application Deadline for Early Bird Registration-May 17, 2008 - No Refunds
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3 Digit Code on Back of Card\_

Billing Address:

Expiration Date:

Signature:

Credit Card Number\_

Credit Card Payment: (Please circle one)

### **New Horizons Golf Tournament Grandover Resort** Date: Monday, June 16, 2008 Shotgun Start – 1:15 pm Who Should Attend: Golf Lovers Fee: \$150.00 per person to play. Fee includes green fees, cart fees, range balls raffle ticket and reception. Registration: Use form below Handicap: \_\_\_\_\_ Address: Phone: \_\_\_\_\_ Registration due by June 2, 2008 Payment must accompany registration. **Payment Preference** Check Enclosed Credit Card Charge \_\_ Visa MasterCard Credit Card Number\_\_\_\_\_ Exp. Date 3 Digit Code on Back of Card \_\_\_\_\_ Signature of Card Holder\_\_\_\_ Make checks payable to: SNA-NC

New Horizons Golf Tournament 9826 Sandman Lane Charlotte, NC 28216 Fax: 704-399-7179

Send Golf Registration Form to:

Call Dawn Roth at 800-219-4893 for additional information.

### **Request for Absentee Ballot**

This form must be used. No other forms will be accepted when requesting an absentee ballot.

Please print all information.

1100	ase print an information.
Name	
Address	
City/State/Zip	
Signature	
Membership # (requ	uired)
SNA-NC District #_	
Chapter Name	
Administrative Unit	<u> </u>
Request must be pos	tmarked on or before May 12, 2008
K E 1	Chairman of the Tellers Eathy McLawhorn, CN Manager astern Elementary School 700 Cedar Lane Greenville, NC 27858
3	

### **Country Store Application**

Make plans now to have a table in the Country Store during Annual Conference. Your chapter will be able to sell items and raise funds. The fee for a table is \$25.00. Complete the following application and send it along with a \$25 check made payable to SNA-NC to:

Libby Post SNA-NC Treasurer 225 Stonewall Road Salisbury, NC 28144

Request for Country Store table at Annual Conference.
Chapter Name:
Chapter President:
Address:
Phone:
E-mail:



### NATIONAL AND STATE NEW MEMBER APPLICATION

Making the right food choices, together.		Member ID
1 Have you ever been an SNA (formerly ASFSA) member before?	Yes No	
First Name M Last	Name	
Job Title  3		
School District		
School Name		Chapter No.
5 First Name	Last Name TM	6
Who introduced you to SNA?		
Home Phone  Business Phone  ( ) ) — ( ) )	- Extension (	Fax Number ) — — — — —
Preferred Mailing Address	y one)	Cuita (Aut
Address  1		Suite/Apt
City	State Zip	TTT
Secondary Address	)	
Address  Making the rig	ht food choices, together.	Suite/Apt
City	State Zip	
National Membership Categories and Dues (Select one only)* (See	back for description)	
School Foodservice Child Care	Dues Amt 12 Employed by?  Pub	olic School Day/Family Home Care
Employee Student Retired	COF -	rate School rate Management Company
Assistant Manager Manager	\$27	
Director/Supervisor/Specialist:		
☐ District ☐ Major City ☐ State Agency☐ Child Care Director	4 Are you the District Director of E-mail	of foodservice operations? Yes No
Other (Principals, Superintendents, Teachers, etc.)	- \$90 15	
Nutrition Educator (College/University Level)		
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Your state dues are: (Record state dues paid in the space provided on right	ht) Choose only one.*	STATE DUES \$
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PO BOX 791004 BALTIMORE, MD 21279 - 1004	20 то	TAL PAYMENT \$
3 Signature	Date	//

### **SNA National and State Membership Application Guidelines**

(formerly American School Food Service Association)

Please print clearly. Complete all appropriate items.

- 1. Have you ever been an SNA member before? Check yes or no, whichever applies to you.
- 2. Print legibly your full name as you would like it to appear in the membership record and on your membership card.
- 3. Print your current job title.
- 4. Print your current school district.
- 5. Print your current school name.
- 6. If you know your local chapter number, please fill in.
- 7. Full name of sponsor who introduced you to SNA.
- 8. Enter your home, business, and fax number.
- 9. Full mailing address (address abbreviations listed below). Check the appropriate box.
- 10. Full secondary address (address abbreviations listed below). Check the appropriate box.
- 11. Please review the membership categories listed. Check one that best describes your position and the dues amount.
- 12. Please check if you are employed by public school, private school, or private management company.
- 13. Does your employer pay your dues? Check yes or no, whichever applies.
- 14. Are you a director of foodservice operations? Check yes or no, whichever applies to you.
- 15. Enter your e-mail address (if you have one).
- 16. Record your national dues based on membership category checked.
- 17. Record your state dues based on the state dues listed on left side of application under your "state dues are."
- 18. Please add National and State dues amounts. This is the total dues to be paid.
- 19. Please make your check payable to the name printed on the left. Do not send cash.
- 20. Mail your application and payment to address printed on the bottom left side of form under "please make your check payable to."
- 21. Add National and State dues and any optional contributions. This is the total payment.

Circle - Cir

22. Please sign and date your completed application.

Membership dues cover a full year of membership benefits. Processing of applications takes approximately two to four weeks from date of receipt. Members will receive an SNA membership card within two weeks once application has been processed. If you have any questions regarding this application, please call the SNA Service Center at 800-877-8822.

Lane - Ln

### Standard Address Abbreviations:

Ave

Avenue -

1101140		on zone zn nowa na	Super Si
Boulevard -	Blvd Drive -	Dr Highway - Hwy Route- Rte	
State Dues Category	Description	Used For	National Membership Dues
FNE	Foodservice/Nutrition Employee	Cooks, bakers, bookkeepers, technicians, assistants, etc.	\$25
CCE	Child Care Employee	Child / Day / Family / Home Care Center Providers.	\$25
STU	Student	Full-time students enrolled in college/university foodservice, nutrition or dietary program.	\$25
RET	Retired	Retired school foodservice workers.	\$25
SFM	Foodservice/Nutrition Manager	Managers, head cooks, assistant managers.	\$27
CCM	Child Care Manager	CACFP Supervisory Staff.	\$27
DDS	Foodservice/Nutrition Directors, Supervisors, Specialists	Working in the foodservice program at the school district level.	\$90
MCD	Foodservice/Nutrition Directors, Supervisors, Specialists (Major City)	Working in a foodservice program where the school district enrollment is 40,000 or more or city population is 200,000 or more.	\$90
SDS	State Agency Directors, Supervisors, Specialists	Working in state office for child nutrition programs, including nutrition education.	\$90
CCD	Child Care Director	CACFP Sponsor.	\$90
EDU	Foodservice/Nutrition Educator	Faculty or foodservice directors working in a college/university setting.	\$90
ОТН	Other	Principals, Superintendents, Teachers, etc.	\$90
AFE	Affiliate Part-Time Staff (less than 4 hours daily)	Optional membership category for retired or part-time foodservice staff. Does not include a subscription to <i>SF&amp;N</i> magazine or the right to vote in the annual SNA election.	\$10
AFR	Affiliate Retired		\$10

Note: Contributions or gifts to SNA are not deductible as charitable contributions for federal income tax purposes. Contributions to the Foundation are deductible for IRS purposes. \$2.00 of your national dues is used for your subscription to the SF&N magazine.

School Nutrition Association \* 700 South Washington Street Suite 300 \* Alexandria, VA 22314

Phone: 800-877-8822 \* Fax: 703-739-3915 \* Web site: http://www.schoolnutrition.org \* E-mail: membership@schoolnutrition.org

Road - Rd

Street - St

### Man's Best Friend Pan's Best Friend







Contour Fit<sup>TM</sup> Ovenable (400°F) Pan Liners







### Prepare Safer Food

- · Food holds up to 20°F warmer
- · No residue left in pans
- Eliminates Surface contamination
- Improves HACCP compliance

### Avoid Messy Clean-up

- · Grease goes in the trash, not down the drain
- Save money on labor and cleaning supplies
- · Improve employee morale
- · Just rinse and sanitize pans for reuse

See PanSaver® at the North Carolina School Nutrition Show June 18th!









For samples and ordering information call (877) 726-7287 or visit www.pansaver.com